



# Slow Food

D E N V E R



**What is Slow  
Food?**



**Idea**

**Way of Living**

**Way of Eating.**



## The movement:

- 250,000
- 25,000
- 225



# VOTE for Small Farms & Local Food

Join  
Slow Food  
U.S.A.



Eating is an agricultural act



Wendell Berry

## Slow Food USA

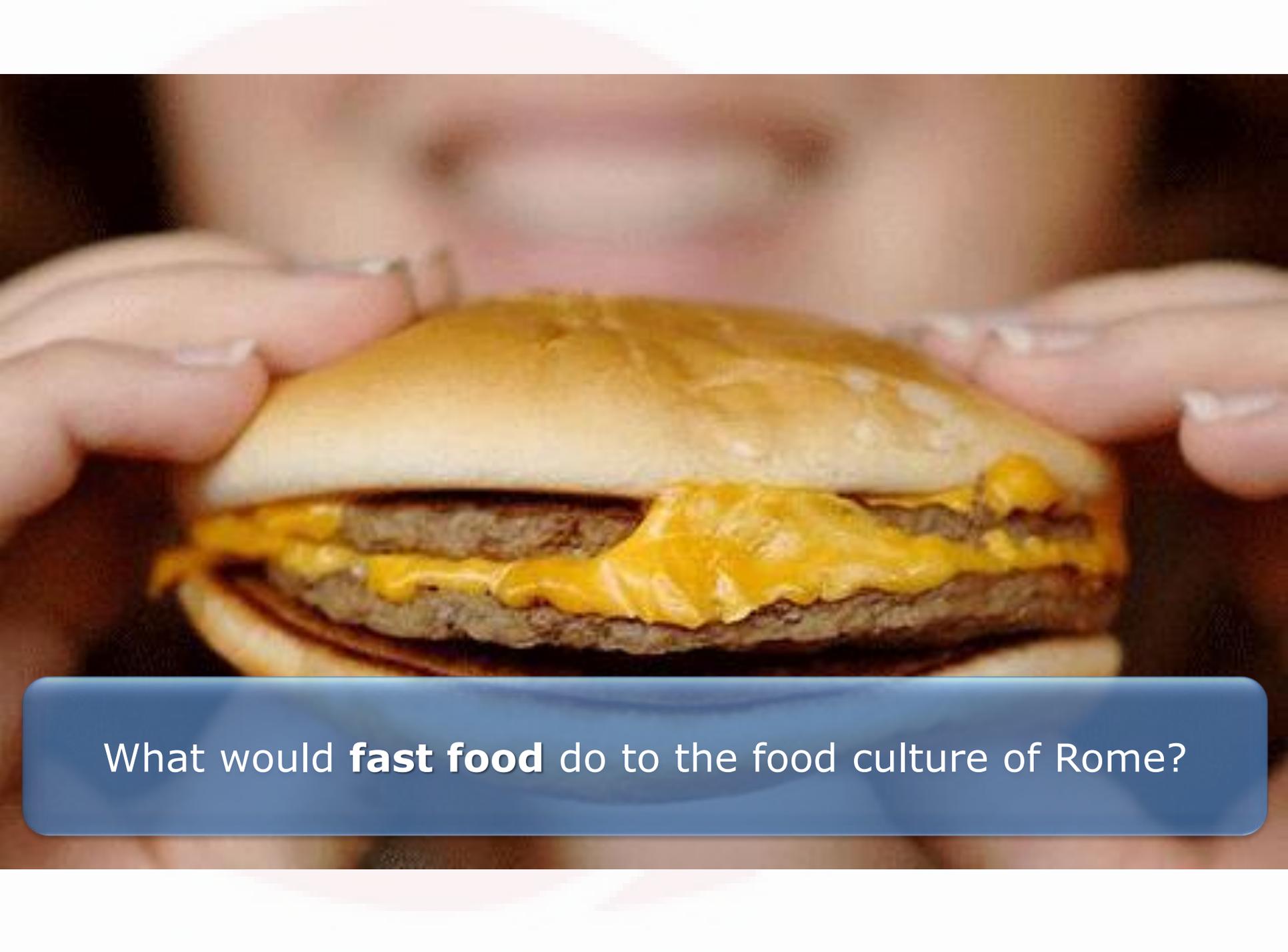
- People,
- Planet,
- Farmers and workers.

# Slow Food History



# Piazza di Spagna.





What would **fast food** do to the food culture of Rome?



**Journalist Carlo  
Petrini.**

“We don't want **fast food**. . .

. . . We want **Slow Food!**”





Slow Food

DENVER

Slow Food Denver cultivates the **enjoyment** of local food with **all** members of the community to create a more **just** and **sustainable** food system.



# Our values:

- **Community**
- **Education**
- **Collaboration**
- **Inclusion**





Slow Food  
DENVER

Our Programs

A group of five children are posing in a lush garden. In the foreground, a boy in a blue and white striped polo shirt sits prominently. Behind him, a girl in a pink dress and another girl in a red dress are visible. To the right, a boy in a white tank top sits. In the background, a girl in a blue dress stands holding a green basket. The garden is filled with large green leaves, pink cosmos flowers, and yellow marigolds. A wooden trellis structure is visible in the background under a clear blue sky. A blue rounded rectangular overlay with the text 'Seed to Table' is positioned in the upper right quadrant.

# Seed to Table





Lessons include:

Seed starting

Gardening

Composting

History

Plant botany

Saving and  
transplanting

Vermiculture

Cultural  
Significance



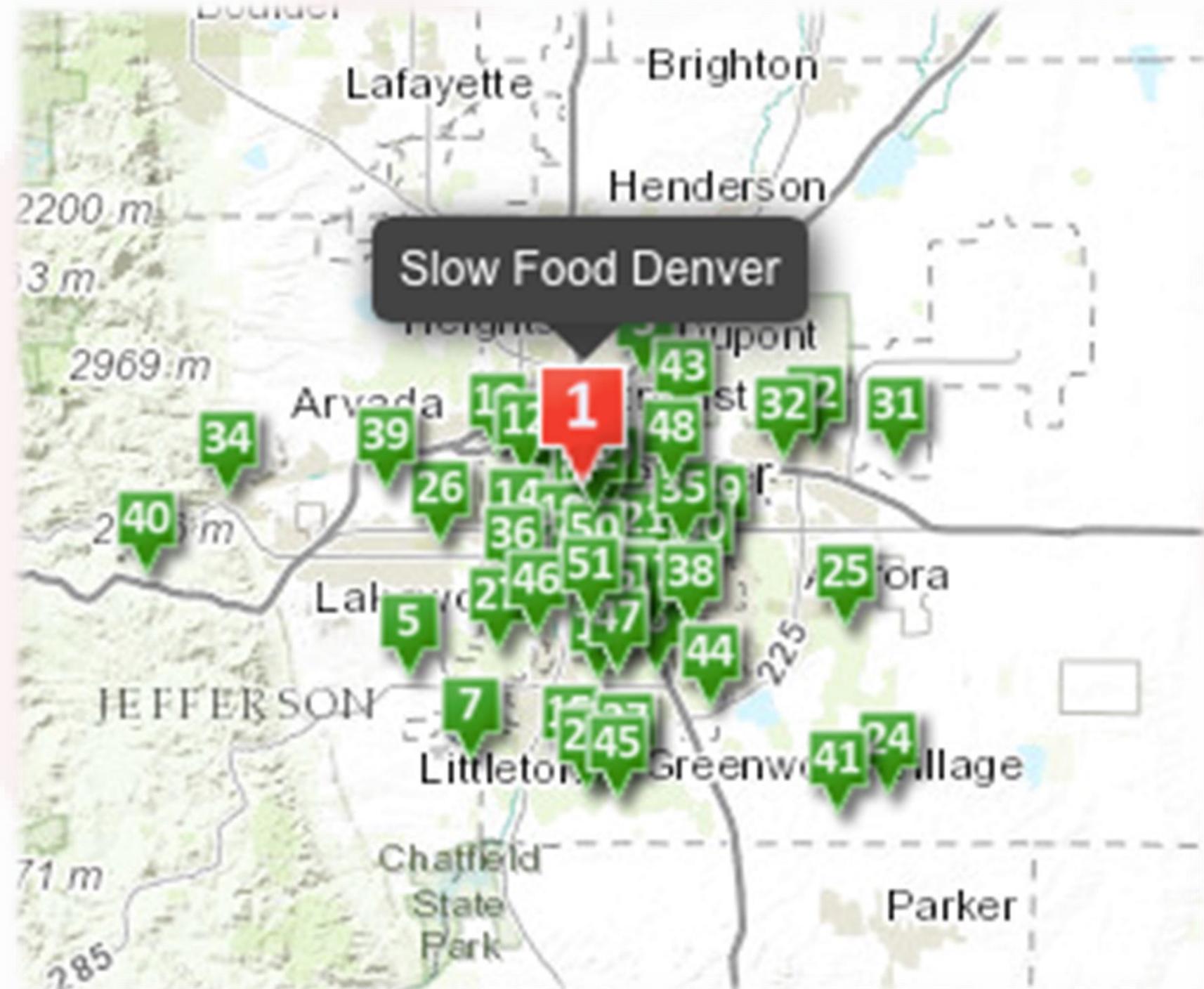
# Denver Youth Farmers Market Coalition.



Organic Kale  
\$1.00 bunch

Beets  
\$2.00 extra large bunch  
\$1.00 small bunch

Fresh Greens  
\$1.00





# Community Table Programs



# Crop Mobs



Community  
Art  
Food  
Education

C.A.F.E. Dinners





# Farm Tours







# Community Cooking Classes



# Other Events

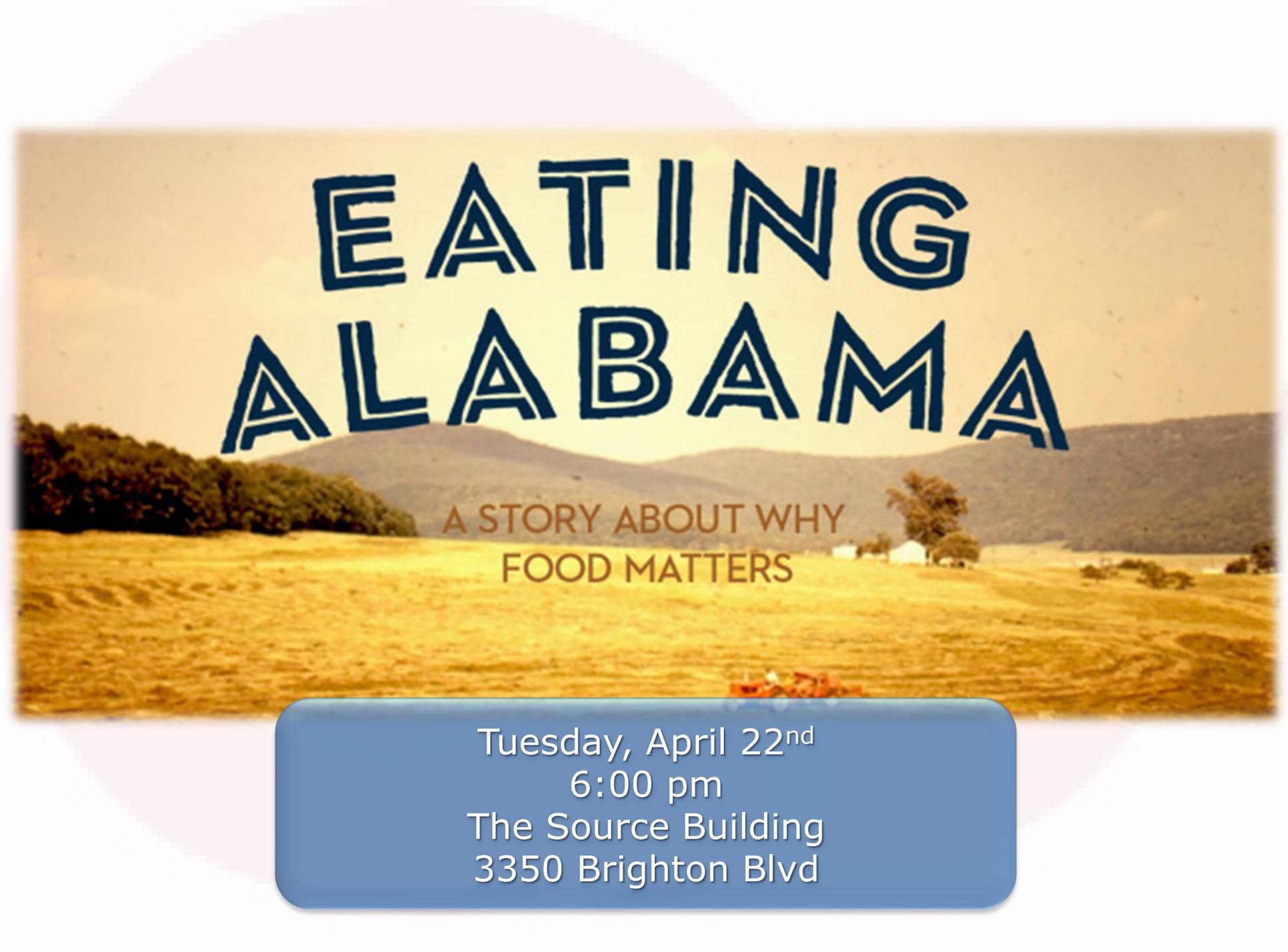
# Food Traditions



# Denver CSA Fair



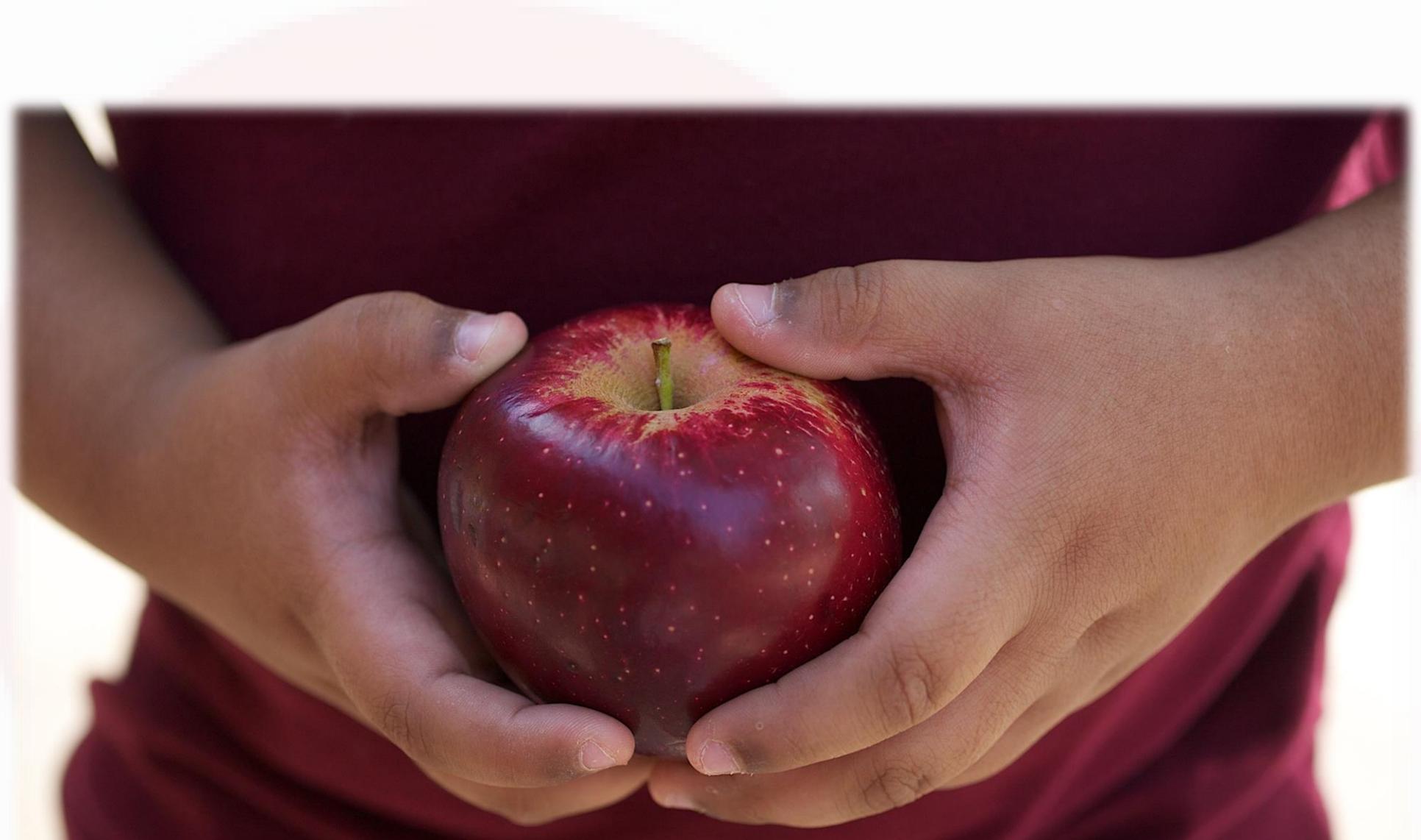
LOCAL FOOD SHIFT



# EATING ALABAMA

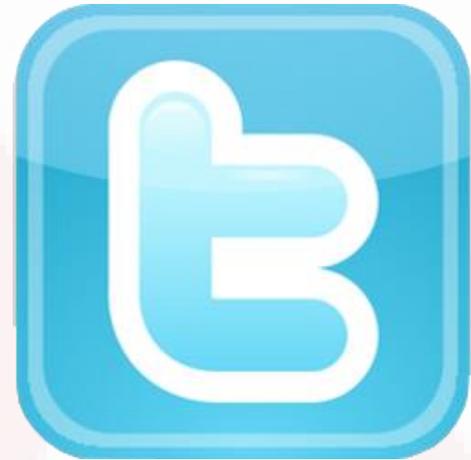
A STORY ABOUT WHY  
FOOD MATTERS

Tuesday, April 22<sup>nd</sup>  
6:00 pm  
The Source Building  
3350 Brighton Blvd



**What can YOU do?**

You can also  
follow us on  
**Facebook** and  
**Twitter.**



@slowfooddenver



Find us on:  
**facebook**®

[facebook.com/slowfooddenver](https://facebook.com/slowfooddenver)



Slow Food

DENVER