



Slow Food

D E N V E R



**What is Slow
Food?**

An impressionist painting depicting a busy market scene. In the foreground, a woman in a green jacket and a man in a pink shirt are looking at a stall filled with green leafy vegetables. To the right, a man in a yellow shirt and a woman in a blue hat are also visible. The background is filled with other market stalls and people, creating a sense of a bustling outdoor market. The painting uses vibrant colors and visible brushstrokes, characteristic of the Impressionist style.

Idea

Way of Living

Way of Eating.



The movement:

- 250,000
- 25,000
- 225





Slow Food USA

- People,
- Planet,
- Farmers and workers.

Slow Food History



Piazza di Spagna.





What would **fast food** do to the food culture of Rome?



**Journalist Carlo
Petrini.**

“We don’t want **fast food**. . .

. . . We want **Slow Food!**”





Slow Food

DENVER

Slow Food Denver cultivates the **enjoyment** of local food with **all** members of the community to create a more **just** and **sustainable** food system.



Our values:

- **Community**
- **Education**
- **Collaboration**
- **Inclusion**





Slow Food
DENVER

Our Programs

A group of five children are posing in a lush garden. One girl stands in the background holding a green basket, while four others are crouching or sitting in the foreground among large green leaves and colorful flowers. A blue banner with the text 'Seed to Table' is overlaid on the right side of the image.

Seed to Table



A young girl with dark hair, wearing a pink patterned shirt, holds a large, ripe red tomato up to the camera. She is smiling slightly. In the background, several other children are standing in a garden area, and a brick building is visible. The scene is outdoors with sunlight filtering through the foliage.

Lessons include:

Seed starting

Gardening

Composting

History

Plant botany

Saving and
transplanting

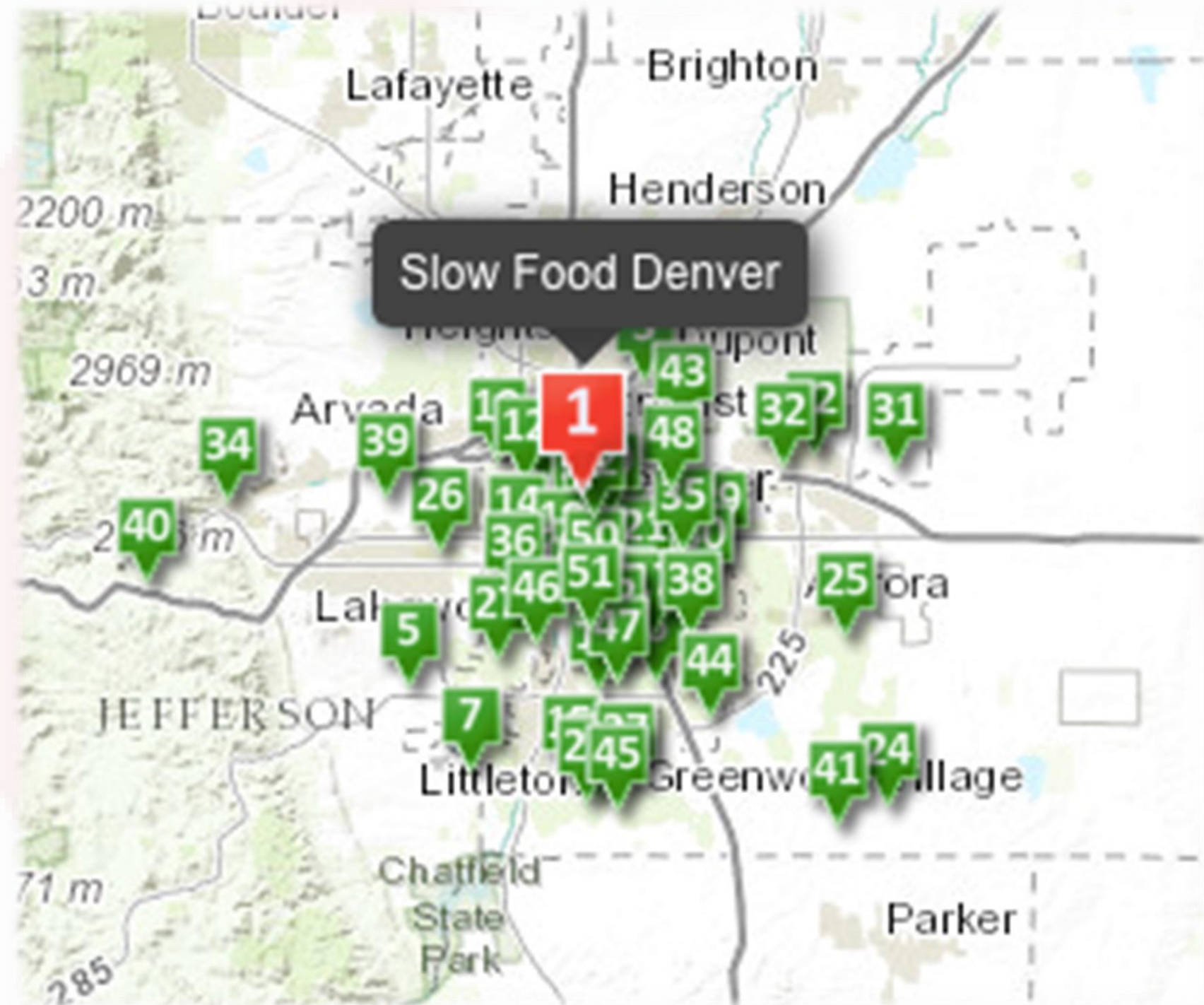
Vermiculture

Cultural
Significance



A young girl with long brown hair, wearing a pink shirt with green polka dots, is smiling and standing behind a table at an outdoor farmers market. The table is covered with a patterned cloth and has several wicker baskets filled with fresh vegetables. In the foreground, a basket contains large green leafy vegetables, likely kale or chard, with a white price tag that reads "Kale \$1.00 bunch". To the right, another basket contains beets, with a white price tag that reads "Beets \$2.00 extra large bunch" and "\$1.00 small bunch". In the background, other people are visible, and the market is set up outdoors with trees and a parking lot in the distance.

Denver Youth Farmers Market Coalition.





Community Table Programs



Crop Mobs



Community
Art
Food
Education

C.A.F.E. Dinners





Farm Tours







Community Cooking Classes

A large quantity of harvested garlic is shown, hanging in dense bundles against a white wall. The garlic bulbs are white and round, with long, thin, brown stalks attached. The stalks are dried and have a fibrous texture. Some blue string is visible, used to tie the bundles together. The overall scene suggests a harvest or storage area for agricultural products.

Other Events

Food Traditions



Denver CSA Fair



LOCAL FOOD SHIFT



EATING ALABAMA

A STORY ABOUT WHY
FOOD MATTERS

Tuesday, April 22nd
6:00 pm
The Source Building
3350 Brighton Blvd



What can YOU do?

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