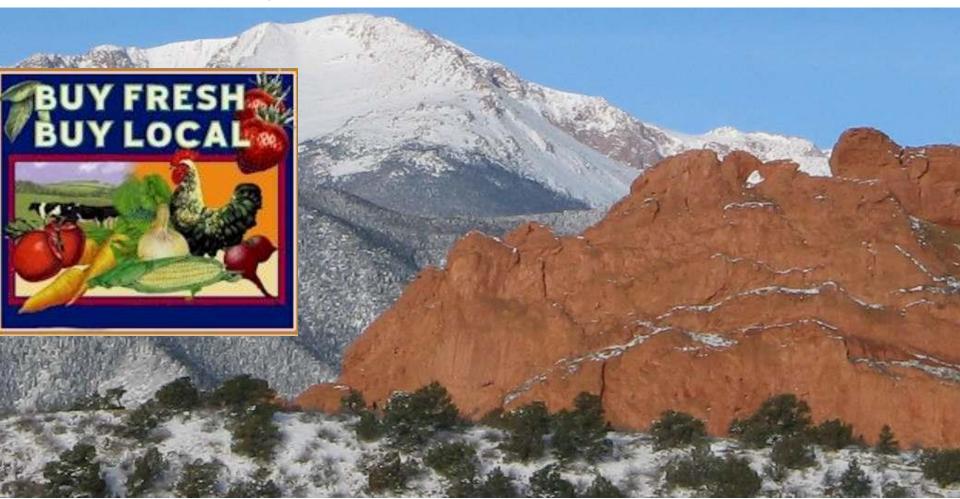


## Local Food

There is no single definition of "local' or 'local food systems' in terms of the geographic distance between production and consumption. The concept of "local" is important in terms of ecology, where food production is considered from the perspective of a basic ecological unit defined by its climate, soil, watershed, species and local agriystems, a unit also called an ecoregion or a foodshed. The concept of the foodshed is similar to that of a watershed; it is an area where food is grown and eaten.

LOCAL FOOD. Food that is grown in one's local watershed.















## Family Roots Farm (Javernick Family Farms)

JAVERNICK FAMILY FARMS







